

ROSS P.G.L.JUNIOR LEAGUE
Rules

The league is affiliated to The West Midlands ASA

1. AIMS OF THE LEAGUE

The league is a junior league for new and improving swimmers to give them the opportunity of safe and friendly competition. To this end the events have maximum times ie speeding tickets to ensure A grade swimmers eg swimmers with district times do not compete.

See appendix A for events and speeding times.

2. AGM

The AGM of the league will be held in September and all eligible clubs can attend and take part. An agenda will be sent out before the AGM. Any proposals by teams to be notified to the league secretary at least 28 days prior to the AGM. If there is a Vote then ne vote counts per club.

Affiliation Fee is £40 per team made payable to the Ross P.G.L League and sent to the League Treasurer by the 31st December following the AGM of the preceding year of the competition year.

Dates of the league each year will be decided at the AGM and sent to competing clubs by the league secretary. Also circulated will be the host clubs and competing clubs for each round.

3. ELIGIBILITY OF SWIMMERS

- a) Team registration forms are to be completed and sent to the league coordinator by two weeks before the first round in the year of competition. This should include all eligible swimmers up to 150 *swimmers*, they must be paid members of the club they represent in the League and also members of the Swim England or be in the process of registration. **Updated Registraton numbers to be sent as soon as possible .**
- b) Swimmers can be added to the list up to one week before the first round but not afterwards except 9 year olds who can be registered up to one week before round three. All swimmers must be registered with league before the end of March and comply with the registration rules before swimming.
- c) Once registered the swimmers cannot be registered with any other team in the league that year.

Age groups –

9yrs-10yrs-11yrs-12yrs and 13/14 will have a joint age group
Ages are calculated as per the date of the Final.

A grade swimmers –

- a) Swimmers who have achieved a Midland /South West Swimming Championship Regional Time at any time in the year prior to the year of competition (2017) at either a licensed or unlicensed meet shall not be eligible to take part in any event.
- b) However swimmers who achieve such a time in the year of competition can compete but not swim the stroke or strokes in which they have achieved the time.
- c) A check will be made on Registered Lists and under Age swimmers..

4. ON THE DAY OF EACH ROUND

- a) A Team List of each team must be presented at each gala recorder desk before the start of each gala. This will include all Swimmers including all relay swimmers. The host club is responsible for making sure that teams comply. (updated 2015)
- b) All competing teams including hosting team must supply one judge and two timekeepers. Additional judges from the visiting teams would also be welcome to fully man the gala as there are only four teams. Please help if you can.
- c) The primary Timekeeper per club will be on the teams lane and the 2nd Timekeeper will move to another lane. Host club to reinforce this.
- d) Times recorded on each lane must be by a timekeeper from a different team to the competing team using that lane. The second timekeeper should be from the competing team of the lane and record the Swimmers names and act as a backup timekeeper.
- e) Clubs may bring own prepared time slips but they must have the same Swimmers names on the time slips including relays who actually swim the event
- f) A lane draw will be made on the day for a common warm up and competing lane
- g) Team size on the day of each round is limited to 40 swimmers for health and safety reasons on poolside.
- h) The graded times apply to all age groups. Times are set by the League for .25m times. A 25m pool is to be used if possible.
Any Swimmers who swim faster than these times will have their time recorded on the recorder Sheet but their swim will receive no gala points for that race (Speeding Ticket.)
- i) Electronic timing may be used if available.
- j) All starts are from the deep end unless pools allow diving from the shallow end and the referees decide it is safe and appropriate to do so.
- k) Bars at the end of pools can be used to turn and finish on with agreement from Referee

EVENTS

- a) The programme is the same for each gala. (Programs are to be downloaded and printed by each club)
- b) Mixed relays for 9 year olds are 2 boys and 2 girls
- c) Cannon x2 one for the boys and one for the girls – ages in order starting 9yrs first.

GALA POINTS Gala points will be given to the teams at the end of each Gala. 4 for 1st place,3 for 2nd place,2 for 3rd place and 1 for 4th place. This **Remains the same 4-3-2 if only 3 teams swim**

- a) Gala points are added together and the top Eight teams swim in the final.
- b) If teams are equal in gala points, then the highest accumulative gala score goes forward to the final.

PACING

The PGL competition is designed as development gala. It is not in the spirit of competitive swimming for swimmers to be encouraged to slow down or be paced in a race by a club official or coach. Moreover, if a swimmer over-performs expectations and receives a speeding ticket this should be celebrated by the club, swimmer and coaches. If the referee observes pacing no warning will be given, the swimmer will lose the points from the race and

will have a further 4 points deducted (8 points in the final). The referee's decision is final and there is NO right of appeal.

PROTESTS

Any protests should initially be addressed to the referee on the day and follow Swim England guidelines. These and any other concerns should also be made in writing as soon as possible and sent to the co-ordinator of the league.

HOST CLUB ADDITIONAL RESPONSIBILITIES

- a) Host /Home team to book pool and notify visiting teams of venue and warm-up/start times and length of pool (updated2015).
- b) Host club to adhere to league dates if possible. If this is not possible or the event has to be cancelled, then they must liaise with the visiting clubs and find a suitable next date that the clubs can agree on. After every possible date is explored e.g (Sundays) then what the Majority (3) can agree on ,will have to be accepted. Two contact Phone numbers to be provided in the case of this cancellation and agreement

In this case the none attending club will not be fined. Scoring remains 4-3-2
The league must be informed of the changed arrangements.

- c) In addition the host club must provide a minimum of one (preferably two) Referees . One (preferably two) chief timekeepers and a starter.
Also a results recorder and announcer plus volunteers refreshments.
Changing rooms to be regularly checked for safety for door and gala
- d) Host team to send a copy of the results including the team lists time /judges slips as soon as possible after gala to co-ordinator either by post or email if possible .(updated2015)
- e) The Host team will decide on the entry fee for the Gala and keep the income raised to off set pool hire.
- f) *Host club acting as promoter for the gala and as such take the lead on health and safety regarding whether a gala is safe to run or not. The latest a gala can be cancelled is midday on the day of the event.***

THE FINAL

- a) The final will be held at Gloucester each year if available or a suitable alternative with eight lanes .
- b) Electronic timing will be used if available.
- c) Teams must complete all 4 rounds to qualify for the final.
- d) Only the top eight clubs swim in the final
- e) To complete in final swimmers must have competed in at least one of the previous rounds
- f) All teams must provide timekeepers slips for their team for the final. Pre writing the swimmers names on the slips must follow the same rules as per normal gala rules i.e they must reflect the actual swimmer or swimmers who swims.
- g) All teams start equal in the final and the winner wins the PGL Junior league trophy.
- h) The top Eight teams will receive medals (limited to 40 per team).Teams can purchase extras (updated 2015)
- i) Lanes in the final will be spear headed on league positions prior to the final.

The charges for the finals will be set at AGM including Raffle ticket, for children charges also set at AGM. Seating subject to availability and health and Safety.

GENERAL

- a) Failure of any team to attend a Gala or the Final will result in a fine of £25
- b) All electronic communication from league Secretary ,ie email must be acknowledged so that the sender knows that it has been received.
- c) Clubs must keep the league up to date with the latest contact numbers, addresses and email addresses to ensure good and effective communication.
- d) The league is run under Swim England technical rules
- e) Any items not covered by these rules will be as decided by the referee on the day subject to Swim England/ ASA technical rules.