

# Sandwell Triathlon 2021

**Sunday 27<sup>th</sup> June**

**Sandwell Valley**

West Bromwich



**An event for children aged 8-16 years**

**Open Water Swim, Closed Road Cycle, Park Pathway Run**

**with an adult wave of 25 limited places**

*A Triathlon consists of a swim followed immediately by a cycle ride then a run*

This well-established annual event takes place within Sandwell Country Park. Children of all abilities are welcome to take part. Most children's triathlons are swimming pool based and the cycle course is on paths or grass, few are of this quality. A rare opportunity for children to compete in an event like those of Olympic heroes Alistair and Jonathan Brownlee. It is challenging for the best athletes, whilst still being suitable for the complete novice!

It all begins with a swim in the beautiful "Swan Pool Sailing Lake", followed by a short run to the transition area to swap swim hats and wetsuits for helmets and bikes. The children then mount their bikes and cycle laps on Forge Lane. (*yes, a real highway, closed off for the event*). After returning bikes and helmets to transition it's off for a short run towards Sandwell Priory before returning to the finish line near Swan Pool carpark. Each age group competes separately in waves of up to 25. In addition, there is the opportunity for 25 adults to do the same course. After the children finish. Medals will be awarded to all finishers with trophies for the 1<sup>st</sup> three male and female in each category plus 1<sup>st</sup> male and female adult

Age Group	Swim Distance	Cycle Distance	Run Distance
Tri Start (8yrs)	50m	1000m	600m
Tri Star 1 (9-10yrs)	150m	2000m	1200m
Tri Star 2 (11-12yrs)	200m	4000m	1800m
Tri Star 3 (13-14yrs)	300m	6000m	2400m
Youth (15-16yrs)	400m	8000m	3000m
Adult (17-90yrs)	400m	8000m	3000m

*Your race age is as you will be on 31 December 2021, not age on race day!*

## **Entry fee:**

**£18** until 12<sup>th</sup> April,

**£25** until 1<sup>st</sup> June,

**£30** until entries close 21<sup>st</sup> June or when full.

*TS/TE/WT licence required or day race licence at a cost of £1 children & £3 adults will be purchased for you if required and added to your entry fee.*

Tri start (8yrs) £15 then £19 then £26

**For more information or to enter go online to:**

[www.entrycentral.com/Sandwell Triathlon](http://www.entrycentral.com/Sandwell%20Triathlon)

or use this link [www.entrycentral.com/festival/1880](http://www.entrycentral.com/festival/1880)

**entries close 21st June**